

A Guide to PaRC's MFT Internship Program

By an Intern

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If you want the info briefly...

By: An intern for prospective trainees/interns

PaRC's Philosophies in a nutshell:

- **No one is born with a pre-determined personality.** Personality is learned. (We have one textbook on the failure of genetic research thus far explain behavior genetically, versus another text that explains causes of behavior with evidence-based research.
- **Self-awareness**, openness and authentic living become a mental health goal.
- Babies need a **continuous healthy bond** from age zero to three (0-3). Beyond that, personality is formed through discipline messages and experience.
- While **parents are not to be blamed**, judged, or forever held responsible for our behaviors, we do have a responsibility to review and uncover formative experiences that continue to direct behavior consciously or unconsciously. This is a matter of putting pieces together to figure out how they have become their present selves, which enables deeper insight and change.
- **We do NOT hold post-modern theory.** We believe that there is a standard for mental health and that reality objectively exists whether people are conscious of it or not.
- **Negative coping mechanisms can be modified.**
- Therapy is eclectic, but mostly based upon the Causal Theory with another textbook, which is about **cause and effect**, implementing a review of the most important crossroads in childhood.
- Treatment includes a sophisticated (1) **parenting education**, followed by (2) **therapy**, which addresses attachment, trauma, family systems and cognitive restructuring of (3) **interaction skills**.
- We use the best of other theories in a structure that is evidence-based, orderly and comprehensive.

PaRC Requirement for Interns:

- All interns become healthy and model skills of mental health.
- All interns can walk the walk that they will ask their clients to do.
- You to receive approximately six months of therapeutic work prior to receiving any clients. The fee is negotiable. The materials are free. Your internship will ultimately afford your expenses and then some. To see how your first six months in hours will be counted toward your licensure, please see page 11.
 - You learn an overview of mental health in The Class.
 - You will heal negative drives by doing Couchwork in your personal therapy at PaRC.
 - You will decrease the frequency/severity of ineffective coping habits (such as avoidance, procrastination, scapegoating, blaming, etc.) in RSW and develop new habits.
- All this is done by simply using elbow grease to work on yourself and being a willing student in RSW.

As a Clinician at PaRC:

- You will be expected to model what you teach.
- After receiving clients:
 - You will practice 1:1, couples or family therapy under great supervision, which usually entails you receiving feedback. Do your best to get used to feedback; it helps you learn what you do so you can do an even better job. You will run workshop and classes.
 - You will co-facilitate an RSW (Relationship Skills Workshop). This is a non-therapeutic process (not focusing on childhood injuries) and an educational group (teaching you what healthy people know and do). You learn to give and take feedback with grace. Facilitators are directive.
 - You will receive 40% of what your clients pay.
 - You will be expected to engage in client advocacy, learn administration (filing and organizing paperwork).
 - Yes, this traineeship/internship, like many others, will consume a large portion of your already-stretched-thin time. I am so sorry to be the bearer of bad news, but it's the nature of becoming a licensed professional. Just breathe, relax, and keep truckin'.

For a More In-Depth Description, Please Continue

TABLE OF CONTENTS

| | |
|---|-----------|
| About PaRC | 4 |
| Our Interns & Trainees..... | 5 |
| Beginning the Process as a Client and Student First..... | 5 |
| Working as a Trainee/Intern..... | 6 |
| PaRC's General Internship Agreement..... | 8 |
| The Students and Clientele who Attend PaRC..... | 8 |
| Our Healing Techniques | 8 |
| Treatment Structure Information..... | 9 |
| Marathons | 9 |
| Our Unique Scheduling..... | 9 |
| Student Responsibilities | 11 |
| Boot Camp first six months of internship..... | 11 |
| After Boot Camp, Before Graduation..... | 13 |
| After Graduation Internship | 13 |
| The Predictor Scale | 16 |
| Trainee/Intern Contract..... | 17 |

ABOUT PARC

The Parenting and Relationship Counseling Foundation (PaRC) is a non-profit organization operating with a groundbreaking theory and practice. The theory is The Causal Theory, aka The Theory. The treatment process is a reflection of the theory. It is a comprehensive theory, which presumes that all babies are born divine. There are no bad seeds. All pathology results from environment, not genes, and can be healed. We challenge the available research, primarily sponsored by pharmaceutical companies and their affiliates, that genes are behind behavior from temperament to extreme pathology. We discount and suspend genetic explanations, since those projects did not rule out meaningful parenting explanations. Further, no research has been replicated proving any genetic instructions for behavior, other than the ones that inform the entire species, such as the drive to attachment. Even those drives may be inevitable lessons, not necessarily inborn. We do acknowledge that humans learn how to treat each other via mirror neurons and the way we are treated, to include the effects of trauma and systems theory.

By environment, we may mean such teratogens as alcohol poisoning in utero, inoculations and socioeconomic class. However, mostly, by environment, we mean parenting. We are primarily focused on the first five years of life, especially quality of attachment and the individuation process, often negatively impacted by daycare. We teach healthy discipline techniques. We are also specialized in identifying dysfunctional family practices or even invisible types of abuse, including lack of attunement, repression and parental alienation. We teach parents how negative early childhood experiences create autism, schizophrenia, bullies and time bombs or any personality disorder, as well as how to raise a "miracle child." We treat parents, who were once children, and guide them to heal their children. With this information, parents can learn to become perceptive, and they look at their child's behavior as a mirror or guidance system, telling them how they are doing.

Thus, parents learn how to read and interpret their children. Then they learn how healing works. This open way of seeing makes parents, students and interns more perceptive and aware of the cause and effect in experiences and adaptation. It also informs us that personalities, disorders and behaviors can be changed, of course, the younger, the better. This is often a huge relief to our students and clients. Finally, we make sure that this way of seeing is not about blaming parents, but is about clear perception, questions, curiosity, self-correction and acceptable expression of repressed feelings, as well as honoring authenticity and awareness.

PaRC has served the community since 1988 by offering state-of-the-art parenting classes in The Causal Theory and related services. Beginning 2016 we had three clinicians, plus Dr. Snyder and five interns. In the beginning of 2017 we have one registered psychological assistant, four marriage and family therapist interns, and one life coach, plus the founder, Dr. Faye Snyder, who is both a marriage and family therapist and a psychologist. We have one large classroom and two group rooms with comfortable chairs and we have a number of therapy offices. We are located at the Devonshire Exit of the 405 in Granada Hills, and thus our location is centralized for those who commute from the 405, 5, 110 and 210.

OUR INTERNS & TRAINEES

BEGINNING THE PROCESS AS A CLIENT AND STUDENT FIRST

A traineeship/internship with PaRC is a unique experience, one that is truly different than what other sites offer. Similar to analysis, **we are expected to experience what we practice as a patient first.** Most notably, prospective therapists work on ourselves prior to working with others. It is PaRC's philosophy that therapists, themselves, must experience enough of what it is like to be clients at PaRC to guide their own clients in our particular type of practice, knowing what has to be done to "get there" and what types of benefits are reaped. PaRC's interns and trainees are required to learn The Theory in The Class, which we take at least three times before we learn to teach it. We *experience* The Theory and practice in therapy (The Work) from the inside out.

Treatment at PaRC is a three-pronged approach, which we call "The Magic Formula". It entails (1) The Class, (2) The Work including Couchwork and (3) The Relationship Skills Workshop (RSW), in which all prospective trainees and interns are expected to participate. PaRC a plan for us to collect hours while doing this for those who are still interested, but this approach will require a considerable amount of your time.

Therefore, our trainees/interns must:

1. Take **The Class**—a 16-hour course—three to four times to insure your expertise in The Theory. Trainees and Interns must complete the course one time prior to beginning your own therapy. You can review the class online at no cost:

www.theparcfoundation.com/download, password 2017s1. There is also a set of CDs that reduce the class to four hours, if you want to do a quicker assessment of The Theory. If you are sincerely interested, we can give you the 4-hour version at no cost or you can purchase them online: <http://www.theparcfoundation.com/the-parenting-class-materials/buy-the-class-online.html>

All study materials are available to interns at no cost. Parents and other students are asked to buy *The Handbook* for a \$50 donation, which enables them to listen without having to take notes. We ask parents/students to pay \$150 for The Class live, or to pay \$150 for CDs and \$175 for DVDs that include the video supplements. *The Manual: The Definitive Book on Parenting and the Causal Theory*, is \$30 and may be read from cover to cover, as credit for taking the class one time.

2. Experience **Couchwork**, whereby you will experience deeper self-awareness. You may revisit childhood traumas and personality-creating moments by virtue of a type of breath work, similar to, but less formal than Reichian Therapy and Zen training. Couchwork heals trauma. It can repair dissociation and reduce drives to act out. It takes the charge out of driven behavior, leaving only uncharged memories and wisdom. Couchwork also addresses deep assumptions from childhood that may no longer be an appropriate guidance system. What is left, after addressing our internal beliefs and practices are bad habits in the form of learned coping responses from childhood. Despite recovery from trauma, we are still left with bad habits of interaction. Even with recovery, students may still revert to behavior that holds them back without new replacement interaction skills.

3. Take the **Relationship Skills Workshop** (RSW or Shop) until you *master* healthy interaction skills, including taking and giving feedback with grace. In our Relationship Skills Workshops, students learn to provide and receive mirrors, that is to give and take diplomatic, perceptive, honest and object **feedback** to one another about how they seem when they are relating to others, especially when students bring interaction techniques that backfire on them. In place of old coping styles, students will learn more effective ways to represent themselves, concepts taught in Class Eight of The Class.

We anticipate that PARC and the Snyder Causal Theory and Treatment (SCTT) will become **known for healthy therapists and excellent treatment**. Some students who are blind to their own narcissism may be surprised to find out that they don't fit this bill. Students cannot begin seeing clients until they can live according to the mental health standards they teach, which include good interaction and relationship skills, self-reflection, authenticity, humility, honor, honesty, openness, integrity, and courage. We want students to know what the healing techniques are like from the client's perspective, so they need to be the client until they are knowledgeable enough, healthy enough and successful enough in the healing process. We will only accept clients we believe can meet this standard within six months of intensive work. We are willing to negotiate a price for your therapy. In the end, this expense more than pays for itself. Students will do this therapy with former nearby interns from PaRC who became licensed and moved on.

If therapy seems to be taking longer, we will keep a running dialogue with the trainee on your best options. You will never lose your hours because you were behind in healing. You may just have to be more closely supervised, or worst case, referred to other agencies to finish your hours, if it seems that this approach does not suit you.

Seasoned interns have unlearned and relearned, and now model healthy interaction skills. At this point, they have been invited to teach one or more lectures of the eight-week parenting series. They can be trusted to deal with contentious students who have come to learn parenting. They are ready to co-facilitate a workshop.

WORKING AS A TRAINEE/INTERN

New trainees and interns come in as beginners and work their way up. They have to learn The Theory from the inside out, before they can practice it. Our standard for mental health is high for our interns. We want our interns to be have been healthy students with the capacity to be humble when it is time to learn and receive feedback and to stand corrected. We require that they have authentic personalities, openness and high ethics of personal responsibility. With these traits they will proceed through the process faster than those who have a fragile ego or need to heal before they will be allowed to see patients. Some students can take up to five years to complete the work, while others can do it in six months, depending upon how healthy they are from the beginning and how humble and open they are to being taught and corrected. In most cases the student begins the internship and continues therapy until the therapist considers them self-regulating.

We can give credit during the first six months for the traineeship/internship a number of ways. We can give credit for therapy, seminars, some required reading, in take work, supervision and co-facilitating groups. You can still earn the maximum hours allowed by the State by following our program. We can identify early strengths and put them to use, while you learn to practice what you will later ask of your own patients.

The first six months for new trainees/interns will not be paid. During this period, trainees/interns will actually pay for therapy at the rate of a PaRC therapist, which is negotiable. You will see graduates of our program for therapy. This is a necessary expense for licensees, no matter where you go. We know of no therapist who will do this therapy for no fee. If for some reason you cannot seem to master the art of being a client, similar to a Zen student, you will not be given clients, but you will receive hours, and we will recommend you finish your work at another agency.

Having well-trained interns works to serve the public with the best possible care for the most reasonable cost. When you are ready to start seeing clients, you will begin to make money, 40% of the fees you collect. You will see your first clients for nearly free, because we refer our indigent clients to our beginning interns. As you demonstrate your ability to implement the theory and practice, and as new interns take your place, you will be rewarded with clients who can pay more. We work with many high-conflict families. By the time you leave PaRC, you will be very prepared. If you decide you want to do forensic work, you will also be very prepared.

We have found that most people who trained elsewhere before seeking an internship with us are resistant to going back to school or to becoming a patient again. If you decide to do the work, it is like choosing to become the best of the best. But, it behooves you to start humble.

In any event, thank you ever so much for your interest in training with us. We are honored you have given us so much of your time and consideration. This is a very big decision. If you are serious about our program, we will arranged to pay for a lunch with an intern or interns, so you can freely ask them questions and get straight answers about any of your concerns. Once you begin, you will have constant access to us for answering your questions. Following is the General Agreement we have with Interns, their college and the state.

**PARC'S GENERAL INTERNSHIP AGREEMENT
WITH MFT TRAINEES AND INTERNS**

THE STUDENTS AND CLIENTELE WHO ATTEND PARC

Some students are poor. Many are court referred. Some are therapists, doctors, lawyers, and successful entertainers. Some are gay. Others are single parents. Some are adopting. Some are quite disturbed. Some have molested or been molested. Some are couples, which seek to raise a miracle child for greatness. So, in any class the student population is diverse in goals, as well as in ethnicity. After graduation, some students leave. Many stay in touch. Some elect to take the class again. Some volunteer. Some elect to do therapy. Some choose to make it a goal to become Master Parents and Master Teachers, who can make home visits and coach parenting under supervision. Some of our students become Causal Therapists. It is unusual for a student to choose us and stay without having first fallen in love with the theory, because the path is quite difficult.

OUR HEALING TECHNIQUES

The healing technique of the Causal Theory is premised upon The Theory, which accounts for all behaviors without benefit of genetic explanations. We are also somewhat controversial in that we emphasize the attachment stage of parenting as a time when the child needs a primary, 24/7 caregiver for at least the first three years. Additionally, since we believe personality disorders are made, not born, we teach Preventive Diagnosis to parents. We acknowledge that many decent people have been in daycare or other care in the first three years, especially in recent history. However, we still hold that the human being has much higher potential when we are born than what we usually get to manifest. Our high bar is designed for those who want the maximum benefit in raising their child(ren).

Until recently, it was our policy that whether a student is a trainee, an intern, a registered psychological assistant or a therapist who wants to be a Causal Therapist, all must follow the Magic Formula, aka the Snyder Causal Theory and Treatment (SCTT). It didn't matter if you were someone who wanted to teach or coach, or simply someone who wanted to do therapy. All clients were expected to follow the same process, a three-pronged approach.

Everyone was expected to learn the theory by taking the parenting class so they could then be actively involved in their own assessment and become more proactive in their own work. This was an intense program, so students who wanted to advance had to repeat the series up to four times to achieve proficiency or mastery. This standard continues for interns and has been lifted for private clients. Still, we gently tell our clients that they will save time and money in the long run if they take the class and the relationship skills workshop as well as therapy. Further, we don't force people to do couchwork, but we gently recommend it. Essentially now we have two tracks. One is the fast and deep track. The other is the normal rate track offered by many agencies. These days, however, there are accelerated tracks which is the preference of many health maintenance organizations these days.

The protocol for the first track is that students have private sessions of one and one-half-hour duration usually twice or three times monthly. This gives a therapist or intern more time off. It reduces emissions and drive time. Some students who are very busy or who come from out of state actually prefer double sessions or three hours once a month, and when a session seems to have a natural ending, the client is allowed to leave if they choose, so the therapist can utilize the break afforded by an official 45-minute hour.

This modified therapy rhythm is appreciated by clients who have to work, raise families and run errands. It is our normal way, because we have found that the third half hour in an hour and a half session is usually more productive than a 45-minute therapy hour one week later. In these sessions clients do some talking and then couch work, where they lie down, breathe deeply for an extended period of time, and then naturally (without hypnosis) revisit their early childhood for trauma, key experiences, pivotal moments, chronic experiences, and become self-aware of their own pervasive attitudes from childhood. This creates catharsis sometimes. It is also like a form of accelerated meditation. It is also a state-of-the-art method for treating trauma. Students who are trainees are asked to see clients for two hour and one-half sessions monthly or two three hour sessions twice monthly. You will probably enjoy the two weeks off bi-monthly in between your workdays.

Third in the Magic Formula is the relationship skills workshop component, in which we dismantle dysfunctional interaction patterns, which accompany personality disorders, replacing them with healthy interaction skills. Dismantling techniques include mirroring and clarifying the difference between projections and perceptions. Rebuilding healthy techniques involves instruction and modeling, which makes two facilitators useful. Included in healthy skills (for a clean fight, as well) are I-Messages, rights and responsibilities in a relationship, ethics and morals of mental health, and attitudes. The focus of these workshops is not on content, but on process, that is, *how* someone presents an issue rather than the content of the issue, itself.

TREATMENT STRUCTURE INFORMATION

Marathons

We prefer longer processes and fewer meetings to cut down on omissions, global warming and errands. Further we find we get more mileage out of longer sessions than shorter sessions. We have found that two 1½ hour sessions are more productive than four one-hour (actually 45-minute sessions per month), saving everyone time and emissions.

Our Unique Scheduling

Even though we find that clients gain more in two 1 ½ hour sessions than they do in four one-hour sessions, we also realize that some clients need more contact, and we come in for them, usually on the same day as Supervision. We also come in for student graduations and some seminars.

At PaRC we like to practice so that we can handle long hours of endurance and deferred gratification, followed by monthly vacations. Thus, our therapists do not have a set schedule, besides regularly scheduled groups, private sessions, the series of parenting classes and supervision.

The Board of Behavioral Sciences requires one hour of one-on-one supervision for every ten hours of clients. You are free to schedule one hour a week with Dr. Snyder for supervision, but you will only be working twice a month. You will get credit for five hours with clients for every two hours you spend in group supervision. Further, our new interns spend a lot of time in relationship skills workshops with a supervisor-therapist. Finally group supervision is for five hours, and it covers twenty hours of private therapy, which is scheduled to represent the end of one week and the beginning of the next, midway through the group. Lastly, when you co-facilitate a group with a therapist supervisor, you get supervision credit for that time. Thus, new interns get more supervision hours than they can use.

Our groups are four hours twice monthly. We call them Relationship Skills Workshops, because our higher functioning clients want coaching, not therapy. We bill insurance for group therapy.

Private supervision fits into the supervisor's schedules which may run on the hour and one-half from 9 am to 10:30 am to noon, to 1:30 pm, 3, 4:30, 6, 7:30, 9, & 10:30 pm (Industry people often prefer late appointments).

Patients pay by the 25th of the previous month, which facilitates scheduling and reduces flakiness.

Therapists claim the 45-minute hour as a right, and often relinquish it as a gift to their clients, if they are caught up with their note-taking, phone calls and personal needs. This is up to individual therapists, interns and trainees, however we expect good record-keeping habits to be established first. Finally, students need to keep their own log every week of how many hours they worked and how many hours they were supervised one-on-one and in group. They need to get a signature for every supervised session.

STUDENT RESPONSIBILITIES
BOOT CAMP FIRST SIX MONTHS OF INTERNSHIP
(student at college 7 to 12 months)

Trainees: Graduate students may earn up to 1300 of 3000 therapy hours before they graduate. The first quarter or the first six months with us will be known as Boot Camp. Students will be learning the Three-Pronged Approach from the inside out, learning as students first. They must take The Class, Relationship Skills Workshop (RSW) and The Privates, as well as sit in on groups, classes and help facilitate classes and attend private and group supervision.

| | |
|---|-----------------------------------|
| Private and group therapy | 252 hours |
| Co-facilitating group with supervisor = | 72 |
| Administration (training, notes, advocacy, billing) | 150 |
| Supervision (30 group +12 pvt.) | <u>42</u> |
| TOTAL HOURS = | 516 hours first six months |

| First Six Months | Pvt Therapy | Hours in group (RSW) | Hours Co-facilitating | Hours training | Hours attending workshops/ administrating/ client centered advocacy/ training | Group Supervision | Individual Supervision |
|---------------------|--|----------------------|-----------------------|--------------------|---|------------------------|------------------------|
| WEEK ONE | 3 | 4 | 4 RSW w Dr. Faye | 4 hours | 1 hours | 2.5 | |
| WEEK TWO | | | 2 Teen | 8 hours | 2 | | 1 |
| WEEK THREE | 3 | 4 | 4 RSW w Dr. Faye | 4 hours | 1 | | 1 |
| WEEK FOUR | | | 2 RAD | 4 hours | 1 | 2.5 | |
| TOTAL IN ONE MONTH | 6 | 8 | 12 | 20 hours | 5 | 5 | 2 |
| TOTAL IN SIX MONTHS | 36 X 3 = 108 | 48 X 3 = 144 | 72 | 120 | 30 | 30 | 12 |
| CATEGORY TOTALS | 252/300 therapy hours/ 300 max | | 72/500 max | 150/250 max | | 42/104 required | |
| TOTAL OVERALL | 516 hours (about 20 hours weekly) | | | | | | |

This Boot Camp is designed to insure that you are healthy; you can live a somewhat transparent and authentic life; and that you will be a natural expert on the process having done it yourself. All Causal Therapists will be certified as healthy at PaRC, or they will not be allowed to facilitate therapy with others. The reputation of a Causal Therapist will be stellar for their training in and certification as mentally and emotionally healthy, as well as experts who practice a process that is deep, comprehensive and relatively brief. Your first hands-on work as a therapist will be co-facilitating a

relationship skills workshop with your supervisor. You will begin observing for the most part, although your opinion will be regularly solicited. By the end of the first six months, you will be actively co-facilitating. You will probably participate in more hours than we are allowed to give you credit for, if you read the materials we want you to read, as well.

Other Work:

You may be asked to teach at least one live class five times per year and provide outreach services in at least one other capacity, such as checking on students who miss classes, or attending local schools to tell them about our services for Bullies and Time Bombs. We will try to honor specific outreach activities that you have a special interest in. These hours cannot be counted towards your BBS requirement but are asked of you as part of your learning experience here at PaRC. We have some students who use this time to help PaRC while developing their thesis project.

Cost for Therapy:

Minimally, the average fee for 50 hours of therapy (@ \$100 an hour) is \$5000. You will be expected to do six to eight hours of private therapy for six months (36-48 hours) of Private Therapy and eight hours monthly for six months of RSWs work, prior to seeing your private clients. You may be able to negotiate a package of \$3000 for 36-50 hours. You may attend RSW at no cost.

\$3000 for 36 hours of private therapy at approximately \$85 an hour (average discount for interns)
_____ 0 for 48 hours of group (RSW)
\$3000

We also provide your study materials valued at \$500. Thus, it costs us to train you, but you are an asset to us, when you are healthy. We will also ask that you become familiar with several other books, which are staples at PaRC. They are recommended reading for our clients. For thoroughly reading these books and articles and discussing them in supervision, we will give you another 100 hours, which you can swap out with seminars.

The Body Never Lies by Alice Miller, MD
The People of the Lie by M. Scott Peck, MD
Zen Flesh, Zen Bones edited by Paul Reps
The Passionate Mind by Joel Kramer
Your Drug May Be Your Problem by Peter Breggin, MD
"An 'Incurable' Schizophrenic" by Bert Karon, PhD

By Dr. Snyder (in addition to *The Manual*)
ADHD: A Diagnosis in Denial
Healing Your RAD Child
The Politics of Memory: When One Is Requested to Shut the Eyes
The Predictor Scale: Predicting and Understanding Behavior According to Critical Childhood Experiences
"I Am Adam Lanza's Therapist"
"No Blame Contract"
"Confidentiality and Secrecy"

Additionally, you will need to fill out the questionnaires at the end of this document for us (excepting the Predictor Scale), as well as the Intake Questionnaire and Predictor Scale for your therapist.

AFTER BOOT CAMP, BEFORE GRADUATION

For students to earn their maximum hours, they will need to earn about 25 hours weekly providing therapy. The supervision for these hours will be covered by two private 45-minute hour sessions monthly and two group two-hour group supervisions monthly, which may be back to back, in which case we will be holding a marathon, and the second half will count toward the following week. Students will see approximately 15-20 hours of clients to earn about 25 hours. Clients will come from PaRC.

We recommend that students co-facilitate groups with a supervisor, especially children's groups and family groups. Private consultations are always available with your supervisor. Keep a record of all your hours so that when you meet your supervisor, she can watch you fill out your logs. Hopefully, your therapy will be over after six months and you can begin logging hours seeing clients.

AFTER GRADUATION INTERNSHIP

We have dual intentions here. First, we want you to complete all the board requirements to get your license. Second, we want you to practice what we have been teaching you at PaRC. Our goal is for the two purposes to match up.

If you return to PaRC as a therapist we will encourage you to set fees of about \$100 per private session. This amounts to about \$300 per client per month (2 privates per month and one group per month, which usually is the cost of one private). We expect you will be making \$150 per private session soon. As your client load increases, your fee goes up. PaRC will take 20% to maintain the cost of your overhead. If you decide to return to PaRC as a colleague, we will be overjoyed to keep you in the PaRC family. If you want to form a satellite, we will help you work that out, too. The 20% at PaRC will cover your office space, advertising and other overhead expenses. Your clients will be provided. We always recommend you teach at least one lecture every series to make yourself known to the PaRC population. Parenting students often ask for one of their teachers, or prefer to choose a therapist that they recall from the class. It is a deal.

The following pages are for your future reference, as they will be a staple in your work. These are assessment concepts that ensure you are thorough in how you consider the history and mental health of the individual before you.

The Predictor Score Sheet

Subject's Name: _____

Date: _____

Evaluator: _____

CHILDHOOD EXPERIENCES

Bonding/Attachment [+/- 40]

| | | |
|--|--------|--|
| Healthy Maternal Diet v. Prenatal Assaults | +/- 5 | |
| Quality of Attachment | +/- 15 | |
| Continuity of Attachment (early daycare, abandonment, rotating caregivers) | +/- 20 | |

Safe Separation-Individuation [+/- 30]

| | | |
|---|-------|--|
| Karmic Discipline v. Physical Abuse | | |
| Age | +/- 4 | |
| Intensity | +/- 3 | |
| Frequency/Duration | +/- 3 | |
| Safe Affection v. Sexual Abuse | | |
| Age | +/- 4 | |
| Intensity | +/- 3 | |
| Frequency/Duration | +/- 3 | |
| Identity & Confidence Building v. Emotional Abuse | | |
| Age | +/- 4 | |
| Intensity | +/- 3 | |
| Frequency/Duration | +/- 3 | |

Ethics [+/- 30]

| | | |
|---|----------------|--|
| Expression Ethic v. Repression Ethic | +/- 15 | |
| Modeling Personal Responsibility v. Blaming & Judging Ethic | +/- 15 | |
| CHILDHOOD SUBTOTAL >> | +/- 100 | |

CHILDHOOD TRAUMATIC BRAIN INJURY (TBI)

| | | |
|--|----------|--|
| Did the child experience a serious blow to the head on one or more occasion? | - (0-20) | |
|--|----------|--|

ADULT MODIFIERS

| | | |
|--|----------------|--|
| Mitigating Factors (ex. therapy, meditation, "hero's journey," good company) | +(0-100) | |
| Compounding Factors (ex. substance abuse, bad company, anti-psychotic Rx) | - (0-100) | |
| ADULTHOOD SUBTOTAL >> | +/- 100 | |

THE PREDICTOR SCALE SCORE

| | | |
|--|---------|--|
| Add the <i>Childhood Subtotal</i> , <i>Childhood TBI</i> and the <i>Adulthood Subtotal</i> from above, and enter the total Predictor Scale Score here. If the total is greater than 150, enter 150 . If the total is less than -150 enter -150 . | +/- 150 | |
|--|---------|--|

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THE PREDICTOR SCALE
Sample Outcomes

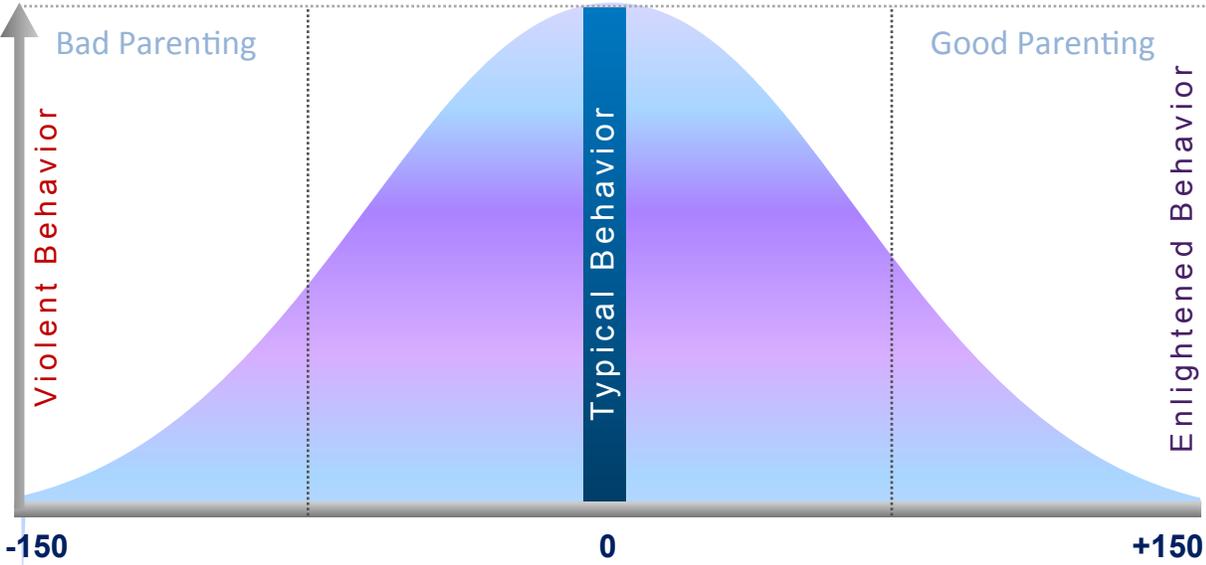
| | |
|------|--|
| 150 | Highest known consciousness: Self-aware, courageous, loves truth, humble (i.e., Jesus) |
| 140 | Profoundly high consciousness (i.e., The Buddha) |
| 130 | Global heroes (Mother Teresa, Malala) |
| 120 | Pioneers into new frontiers |
| 110 | Thought leaders |
| 100 | Critical thinkers |
| 90 | Pioneering, self-correcting, and courageous |
| 80 | Strategic risk-taking; healthy marriage and career |
| 70 | Hard working; persistent, resilient; management material |
| 60 | Focus on education and values; financially responsible; problem solving |
| 50 | Good career, with possible debt and parental failures; strong family, weak achievement |
| 40 | Moderate success in family, work |
| 30 | Major intuitive successes without a plan and failures due to lack of self-awareness |
| 20 | Lacking adventure or too impulsive, but trying to carve out a life; weak role models |
| 10 | Follows rules, superstitious beliefs, lack of cause and effect thinking |
| 0 | Typical person, typical relationships, typical parenting, typical ethics, average career |
| -10 | Personality structures |
| -20 | Loyalty ethic above values and courage. Talented people who self-destruct |
| -25 | Secrets, infidelity, lack of problem solving and ethics |
| -30 | Depression, anxiety, blaming |
| -35 | Personality Disorders (Dependent, Obsessive Compulsive) |
| -40 | Personality Disorders (Avoidant, Schizoid, Histrionic) |
| -45 | Personality Disorders (Narcissists, Borderlines, Anti-Social, Paranoid) |
| -50 | Emotional cut offs, lack of empathy, lack of conscience |
| -55 | Stealing, cheating, lying |
| -60 | Lack of conscience |
| -70 | Schizophrenia, suicidality, child abuse secret keeper, suicide terrorists |
| -75 | Child abuser, rapist |
| -80 | Child molesters |
| -90 | Killers |
| -100 | Time bombs (à la Sandy Hook and Columbine), hit men |
| -110 | Political mass murderers with leadership abilities (Joseph Stalin) |
| -120 | Serial killers open to appeal (Jeffrey Dahmer, Richard Ramirez, Ailene Wournos) |
| -130 | Sadistic mass murders with leadership abilities (Adolph Hitler, Saddam Hussein) |
| -140 | Extra cold serial killers (John Wayne Gacy, Ted Bundy) |
| -150 | Lowest known consciousness, cruelest behaviors (Uday Hussein) |

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THE PREDICTOR SCALE

Mental Health Bell Curve

Conceptualizing the Range of Mental Health



TRAINEE/INTERN CONTRACT

1. It is hereby agreed that S. Faye Snyder, LMFT and psychologist, hereinafter referred to as supervisor, agrees to supervise the intern/trainee listed below. Supervisor agrees to provide this service to The Parenting and Relationship Counseling Foundation hereinafter referred to as PaRC, on a voluntary basis.*
2. PaRC agrees to allow Dr. Snyder to supervise the intern/trainee listed below. Supervisor agrees to ensure that the extent, kind, and quality of counseling/psychotherapy performed by the intern or trainee, is consistent with the intern or trainee’s training, education, and experience and is appropriate in extent, kind and quality.
3. PaRC is aware of the licensing requirements that must be met by the intern or trainee and agrees not to interfere with the supervisor’s legal and ethical obligations to ensure compliance with those requirements, and PaRC agrees to provide the supervisor access to clinical records of the clients, counseled by the intern or trainee.
4. Trainee/Intern understands that, notwithstanding the BBS required hours, PaRC also requires each trainee/intern to commit to taking the Parenting and Theory Class a minimum of three times (Live, DVD or CD and reading *The Manual*) as well as completing their own individual Causal therapy, including competency in relationship skills, prior to gaining hours seeing private clients.
5. Supervisor agrees to ensure that the counseling/psychotherapy performed by the intern or trainee listed below and the supervision provided by the supervisor will be in accordance with Chapter 13, Division 2 of the Business and Professions Code (the MFT Licensing Law) and any regulations promulgated thereunder.
6. The intern/trainee listed below is employed by PaRC and performs counseling/psychotherapy services of a nature specified in Chapter 13, Division 2 of the Business and Professions Code and any regulations promulgated thereunder.

Name of trainee/intern: _____ Intern Number: _____

Supervisor License Numbers: MFT 29816 and PSY 24806

Authorized Supervisor Name and Title: S. Faye Snyder, PsyD

Signature of Supervisor _____ Date _____